

Activity Pack



Activity Pack

GOODNESS

This Activity Pack contains lots of fun ideas to help families explore the theme of Self-Control from the Cheeky Pandas episode "The Custard Monster". Find out more about what goodness is and how with God's help we can do all the good we can, showing His love to everyone we meet.

You can watch the Cheeky Pandas episode "The Custard Monster" at cheekypandas.com

For more Cheeky Pandas fun, head to raiseupfaith.com you'll find lesson plans (including even more activities and games) for churches to use in children's ministry, as well as collective worship sessions, perfect for primary schools.



It's in the Bible!



"Trust the Lord and do good." Psalm 37:3a (ICB)

Let's chat!

What was your favourite part of the Cheeky Pandas episode?

How would you feel if you met Rory the Custard monster? What would you do?

Let's look!

Hidden all over this activity pack are tiny Cheeky Pandas. Can you find them all? Once you've found all five, colour their names in here. The pandas all hid from Rory because they thought he was scary, but Lulu did a good thing in helping him when he got stuck, even as a custard monster!

MILO

BENJI

EJ

RORY

LULU

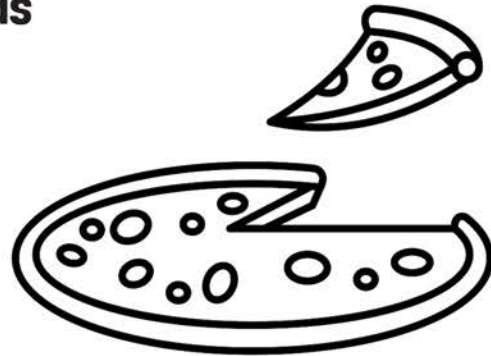
Food Challenge



Today we are making Panda Pitta Pizzas

You will need:

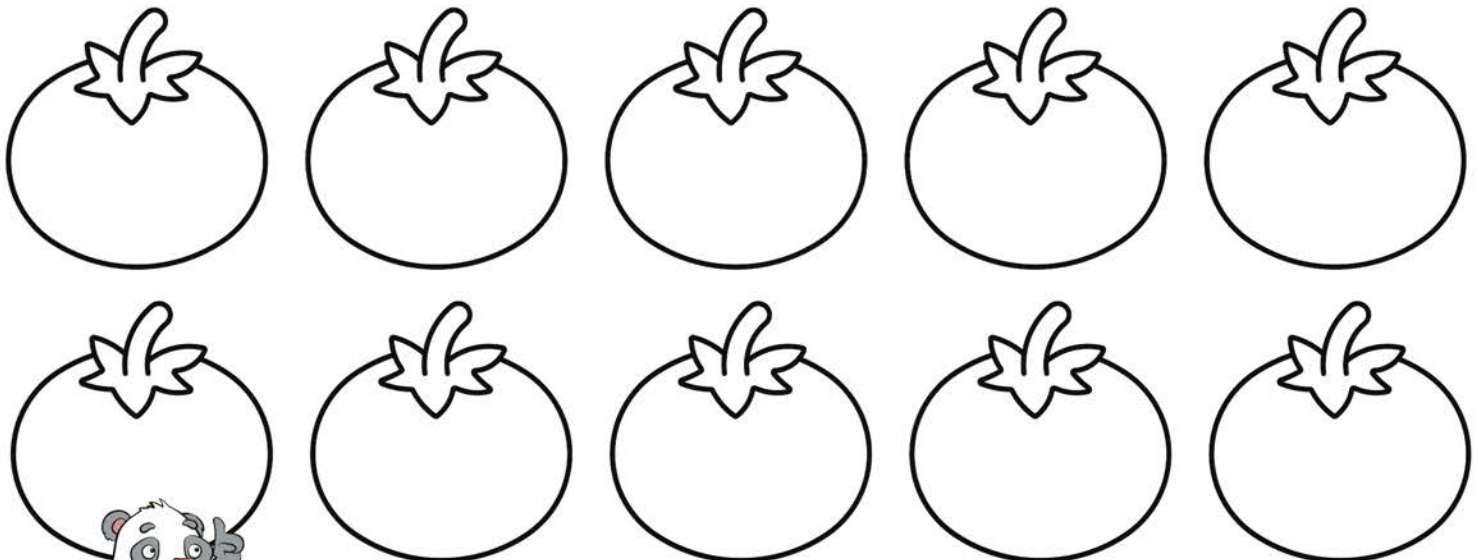
- Pitta bread
- Tomato paste
- Grated cheese
- Any other toppings you like



Remember that ovens are hot and a grown up needs to supervise this activity

1. Prepare the area for making a pizza and wash your hands. Ask a grown up to turn on the oven for you.
2. Put the pitta bread on a baking tray.
3. Spread tomato paste all over the pitta bread.
4. Sprinkle cheese and other toppings on the pitta bread.
5. Ask your grown up to put the pitta pizza into the oven and then take it out for you after about 10 minutes.
6. Once it's cooled, enjoy tucking into a pizza treat like the pandas did.

How much do you love your pizza? Colour in the tomatoes to give your pizza a score out of 10



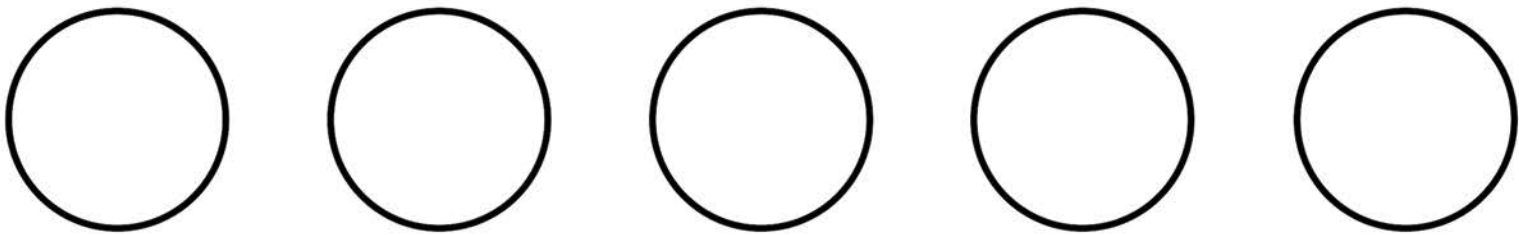
Let's Pray!



"Dear God, Thank you that we can ask YOU for help being good. That your Holy Spirit can help us. And with Jesus' example, we can do all the good we can, in all the ways we can, to all the people we can, just as long as we can. Amen!"



The Holy Spirit helps us to do good and show God's love to everyone we meet. Write the names of five people you want to show God's love to and draw their faces in the circles. Ask the Holy Spirit to help you everyday to do good and show His love.



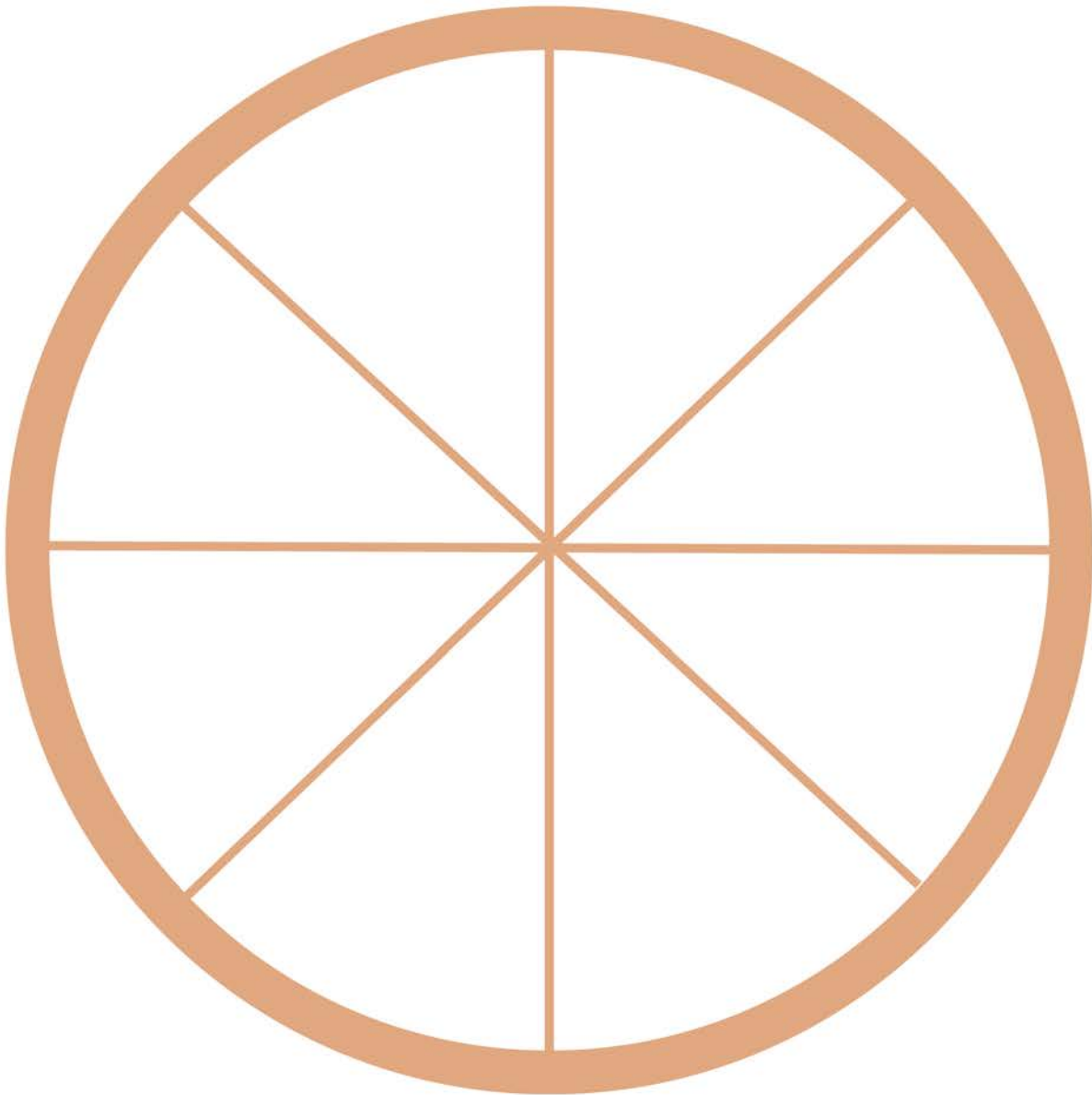
Let's make

Today we are making a Rory (The Custard Monster) Puppet

- 1. Colour in the Rory Cutout and cut him out.**
- 2. Add glue to the top half of Rory and sprinkle glitter or scrunched up pieces of yellow tissue paper all over him to be like the custard.**
- 3. Stick a lolly stick or chopstick on the back of the cutout to make a Rory puppet.**
- 4. Why not recreate today's story using your new custard monster puppet!**



Design your own Panda Pizza
Draw on all the toppings you could
ever dream of (or use stickers!)



"Trust the Lord and do good." Psalm 37:3a (ICB)

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